

Pre-K MD/BS
Lunch menu
January 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
4	1/5	1/6	1/7	1/8	1/9
	Chicken Nuggets, Whipped Mashed Potatoes with Chicken Gravy, Garlic Flatbread, Steamed Corn, Chilled Applesauce Italian Sub, Spinach Salad with Italian Dressing, Chilled Applesauce	Macaroni and Cheese, Roasted Green Beans, Diced Peaches Pre-K Fun on the Run, Chilled Black Beans, Diced Peaches	General Tso's Popcorn Chicken, Vegetable Lo Mein, Roasted Sesame Carrots, Diced Pears Italian Sub, Celery Sticks, Diced Pears	Chicken Patty Sandwich, French Fries, Chilled Strawberries Pre-K Fun on the Run , Chilled Black Beans, Diced Peaches	Cheese or Pepperoni Pizza, Mexican Black Beans, Fresh Apples Italian Sub, Baby Carrots, Fresh Apples
5	1/12	1/13	1/14	1/15	1/16
	BBQ Pulled Pork Sandwich, Smile Fries, Chilled Applesauce Ham and Cheese Sub, Chilled Garbanzo Beans, Chilled Applesauce	Fish Sandwich, Seasoned Black Beans, Diced Peaches EZ Chocolate Chip Muffin Breakfast Box, Broccoli Florets, Diced Peaches	Chicken Parmesan Sandwich, Sweet Potato Fries, Diced Pears Ham and Cheese Sub, Baby Carrots, Diced Pears	Chicken Nuggets, Fried Rice, Steamed Broccoli, Diced Peaches EZ Chocolate Chip Muffin Breakfast Box, Broccoli Florets, Diced Peaches	Cheese or Pepperoni Pizza, Roasted Summer Squash, Fresh Apples Ham and Cheese Sub, Celery Sticks, Fresh Apples
1	1/19	1/20	1/21	1/22	1/23
	Breaded Chicken Tenders, Sweet Potato Fries, Diced Pears American Sub, Chilled Baby Carrots, Diced Pears	WG Penne and Meat sauce with Breadstick & Shredded Mozz Cheese Pre-K EZ Hummus Box, Celery Sticks, Diced Peaches	Grilled Chicken, Cheese and Bacon Sandwich, Mexican Black beans, Diced Pears American Sub, Chilled Black Beans, Diced Pears	Chicken and Vegetable Dumplings Fried Rice Steamed Broccoli Chilled Strawberries EZ Hummus Box, Tossed Salad with Italian dressing, Chilled Strawberries	Cheese or Pepperoni Pizza, Tater Tots, Fresh Apples American Sub, Baby Carrots, Fresh Apples
2	1/26	1/27	1/28	1/29	1/30
	Chicken Broccoli Alfredo with Dinner Roll Parmesan Green Beans Apple Sauce Cup Italian Sub Garbanzo beans, Chilled Applesauce	Chicken Nuggets Sweet Potato Fries, Large Soft Pretzel Diced Peaches Crispy Chicken Wrap, Baby Carrots, Diced Peaches	Beef Carnita Tacos with salsa and sour cream, Baked Plantains, Mexican Black Beans, Diced Pears Italian Sub, Chilled Black Beans, Diced Pears	Meatball Sub, Crinkle Cut Fries Chilled Strawberries Crispy Chicken Wrap, Celery Sticks, Chilled Strawberries	No Lunch Blessed Only Early Release Cheese or Pepperoni Pizza, Steamed Broccoli Fresh Apples Italian Sub, Baby Carrots, Fresh Apples

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	1% AND FAT FREE MILK OFFERED DAILY				
	PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES			Menu items are subject to change	
	This Institution is an Equal Opportunity Provider				